

FOLLOWING LECTURES

How do you best deal with **following a lecture**? How do you ensure that you do not lose concentration and that you can follow the fast pace?

Following a lecture, and certainly following a lecture recording, can quickly become boring and monotonous.

We give you a **number of tips to make the most of the lectures.**



BEFORE CLASS

- **Check** your **timetable** and **Canvas** to see additional instructions.
- **Live stream lecture?** Make sure you have a stable internet connection and log in on time.
- Provide the necessary **material**: paper, pen, slides.
- **Orientate**: view the table of contents and available course material.
- Think about **strategies** you can apply when your **concentration drops**: stop listening? View later? Take active notes?



DURING CLASS

- **Think actively**: write down your questions so you can ask for additional explanation later.
It's not a podcast, keep your focus on it (don't listen while cooking, walking, ...)
- **Maintain overview**: write down the topic, the date and the page number.
- Leave **space** between notes so you can add extra information later.
- **Distinguish main concepts** from **details**, it is impossible to write down every word.
- **Risk of recordings**: you can easily **pause** and **rewind**. Monitor and limit this so you don't lose too much time with this.
- **Write briefly**: use symbols, refer to pages in the course, write on the Slides.



AFTER CLASS

- **Re-read** your **notes**: is everything clear, is there any information missing?
- Add **additional information** from your syllabus/handbook. Write down thoughts and questions.
- **Structure** your **notes**: indicate key words and visualize connections.
- **Discuss** the lesson with **fellow students**.
Ask each other critical questions and work through ambiguities. Still have questions afterwards? Contact the assistant or supervisor.
- *Never re-watch an entire lesson; in an emergency, you can fast-forward to a specific segment.*